

Starters

SERVED WITH GREEN SALAD AND MINT SAUCE

SHEEKH KEBAB Cooked in a clay oven.	3.50
CHICKEN KEBAB <i>Tender minced chicken finely spiced, cooked on skewers in a clay oven.</i>	3.50
CHICKEN OR LAMB TIKKA <i>Homemade pieces of cheese lightly spiced and cooked in a clay oven.</i>	3.50
PANEER TIKKA <i>Homemade pieces of cheese lightly spiced and cooked in a clay oven.</i>	3.50
TANDOORI CHICKEN	3.50
TANDOORI BOTI KEBAB <i>Lamb pieces lightly spiced, cooked in a clay oven with green peppers, tomatoes and onions.</i>	3.50
SHAMEE KEBAB mince lamb lightly spiced, and shaped like burger.....	3.50
TANDOORI SPECIAL mixture of lamb tikka, chicken tikka & sheekh kebab	4.50
TANDOORI LAMB CHOP	4.50
HONEY LAMB Pieces cooked with honey in clay oven	4.50
RESHMI KEBAB Tender minced lamb, spiced with omelette.	4.50
SALMON TIKKA Cooked in a clay oven.....	4.50
MASSALA FISH Lightly spiced fish cooked in a clay oven.	4.50
TANDOORI TROUT Whole trout, spiced and cooked in a clay oven.	5.00
KING PRAWN PURI <i>King sized prawns cooked in a spicy sauce and herbs, flavoured with green peppers and onions, served on puffy bread.</i>	5.50
MUTTON CHUKKA Spiced tender meat with red onion & cucumber	5.50
KING PRAWN BUTTERFLY Slightly spiced in batter	5.50
PRAWN PURI <i>Prawns cooked in spicy sauce and herbs, flavoured with green peppers and onions, served with puffy bread.</i>	4.25
CHICKEN CHAAT PURI <i>Tender pieces of chicken cooked in a tamarind sauce & served with puffy bread.</i>	4.25
PAKORA CHICKEN Chicken tikka deep fried in spicy batter	3.95
ALOO CHAAT PURI <i>Chopped potatoes cooked in tamarind sauce with fresh coriander with puffy bread.</i>	3.50
ONION BHAJEE	3.00
SAMOSAS (chicken, lamb or vegetable).....	3.00
PRAWN COCKTAIL	3.95
TANDOORI DUCK	5.50
KEEMA CHAT PUREE (minced lamb with puffy bread)	4.25
SOUP (lentils or mulgatawny).....	3.00
INDIAN SPICY OMELETTE (cooked light & spicy).....	3.50
GARLIC MUSHROOMS	3.50
SARDINE BHAJI Sardines cooked with spices in tomato puri with flat bread	3.95
MACKERAL BHAJI	3.95

Tandoori Dishes ~ Main Course

These dishes are marinated in spicy yoghurt sauce, and then barbecued in Tandoori clay oven **SERVED WITH FRESH SALAD AND MINT SAUCE**

TANDOORI CHICKEN (full).....	10.90	(half)	6.50
CHICKEN OR LAMB TIKKA	6.50		
CHICKEN OR LAMB SHASHLIK <i>barbecued with green pepper, tomato & onions.</i>	7.95		
KING PRAWN SHASHLIK barbecued with green pepper, tomato & onions	10.95		
TANDOORI LAMB CHOP served with fried onions and peppers.....	8.50		
TANDOORI SHEEKH KEBAB minced lamb.....	6.50		
TANDOORI SPECIAL Mixed tandoori served with naan bread.	9.95		
KING PRAWN TANDOORI	10.95		
PANEER SHASHLIK <i>barbecued with Indian cheese, green peppers, onions and tomatoes</i>	7.95		
TANDOORI TROUT Whole fish cooked in clay oven.....	9.50		
TANDOORI FISH Fillet of telapia.....	8.50		
TANDOORI DUCK (Pieces of duck breast)	9.95		
CHICKEN KEBAB	6.95		
PANEER TIKKA	5.95		

Pearl of Bengal Specialities

BEEF CHILLI MASSALA (cooked in spicy sauce with chillis, peppers etc)	9.95
BEEF BHUNA (medium spiced cooked in sauce, tomato & peppers)	9.95
SPECIAL CHICKEN REZALA <i>Lightly spiced fresh pieces of chicken roasted in butter cooked in a rich sauce.</i>	7.95
BUTTER CHILLI CHICKEN <i>(hot) Cooked with butter, cream and fresh chillies.</i>	7.95
CHICKEN OR LAMB TIKKA SALLI <i>Medium spiced, garnished with diced potatoes.</i>	7.95
BUTTER CHICKEN Cooked with cream and butter. Very mild.	7.95
GARLIC CHICKEN OR LAMB TIKKA (hot) Cooked with fresh garlic.....	7.95
CHICKEN TIKKA CHILLI (hot) Cooked with fresh chillies.	7.95
CHICKEN OR LAMB TIKKA ASARI (sweet, hot & spicy)..... <i>With mango chutney and tamarind sauce.</i>	7.95
CHICKEN OR LAMB GREEN MASSALA	7.95
<i>Cooked in green coriander sauce</i>	
TANDOORI LAMB CHOP BHUNA <i>Lamb chops cooked in green, red peppers in spicy sauce</i>	7.95
NAGA CHICKEN OR LAMB Very hot dish (not for the faint hearted)	7.95
CHEF'S SPECIAL CHICKEN (medium)..... <i>With freshly diced pieces of chicken, yoghurt and mustard.</i>	7.95
BENGAL SPECIAL CHICKEN (medium with egg).....	7.95
CHICKEN OR LAMB JEERA (roasted cumin seeds, medium spiced)	7.95
CHEF'S SPECIAL TANDOORI MURGHI (medium spiced)	7.95
<i>Boneless Tandoori chicken cooked with green pepper, onions and tomatoes.</i>	
BENGAL SPECIAL TANDOORI KING PRAWNS (rich, medium spiced)	10.95
BENGAL SPECIAL MURGHI BHUNA <i>Baby chicken cooked in clay oven, served with medium sauce with mince lamb & egg.</i>	11.95
CHEF'S SPECIAL DUCK breast of duck, cooked with ginger, onion in a rich sauce.....	10.95
BENGAL SPECIAL MOGLAI CHICKEN <i>Medium spiced chicken with minced lamb, egg in thick sauce.</i>	9.95
MURUG MANGO DELIGHT (chicken cooked mild & creamy with mango).....	8.95
DUCK LAZIZ <i>Tender pieces of duck cooked with bamboo shoots, Medium spiced.</i>	10.95
KEEMA PEAS OR KEEMA ALOO (mince lamb cooked in thick sauce)	7.95

Chef's Special Massala Dishes

All dishes below consist of nuts, cream, and sultanas accordingly and **SERVED WITH PILAU RICE.**

CHICKEN OR LAMB TIKKA MASSALA	8.95
CHICKEN OR LAMB TIKKA BADDAMI	8.95
CHICKEN OR LAMB TIKKA MAKHANI	8.95
CHICKEN OR LAMB TIKKA PASSANDA	8.95
TANDOORI KING PRAWN MASSALA	11.95
VEGETABLE MASSALA	7.95
DUCK MASSALA	11.95
PEARL OF BENGAL SPECIAL MASSALA CHICKEN & LAMB <i>Cooked with honey</i>	10.95

Special Balti Dishes

All Balti dishes are medium spiced unless requested otherwise, cooked with onions, tomatoes, green peppers and selected spices in a Balti [wok], **SERVED WITH PILAU RICE OR NAAN.**

BALTI CHICKEN OR LAMB	7.95
BALTI CHICKEN OR LAMB TIKKA	8.95
BALTI KEEMA (mince lamb).....	7.95
BALTI SAGH CHICKEN OR SAGH LAMB (with spinach)	8.95
BALTI PRAWN	8.95
BALTI KING PRAWN	10.95
BALTI VEGETABLE	7.95
BALTI DUCK	11.95
BALTI BEEF	10.95

Karahi Dishes

All dishes below cooked in iron Karahi to authentic flavours, medium spiced.

KARAHI CHICKEN OR LAMB	7.95
KARAHI CHICKEN OR LAMB TIKKA	8.50
KARAHI PRAWN	8.50
KARAHI KING PRAWN	9.95
TANDOORI KING PRAWN KARAHI	10.95
KARAHI VEGETABLE	6.95
KARAHI DUCK	10.95
KARAHI BEEF	9.95
KARAHI KEBAB (Mince lamb kebabs).....	8.95

Biryani Dishes

Cooked with flavoured Basmati Rice, **SERVED WITH VEGETABLE CURRY.**

CHICKEN OR LAMB BIRYANI	7.95
CHICKEN OR LAMB TIKKA BIRYANI	8.95
VEGETABLE BIRYANI	7.95
PRAWN BIRYANI	8.95
KING PRAWN BIRYANI	10.95
TANDOORI KING PRAWN BIRYANI	11.95
PEARL OF BENGAL SPECIAL BIRYANI	10.95
DUCK BIRYANI	11.95
PERSIAN BIRYANIS	11.95

Chicken or lamb mixed with basmati rice, garnished with omelette and bananas

Fish Specialities

SALMON BHUNA Cubes of fresh salmon cooked in a medium rich sauce.....	8.25
FISH JALFREZI <i>Bangladeshi telapia fish cooked with chillies, onions, capsicum in rich sauce</i>	8.25
PEARL OF BENGAL FISH SPECIAL <i>Cooked in 10 different spices, mustard, garlic (medium)</i>	8.95
CHINGRI MUSHROOM <i>King prawn cooked bhuna style with mushrooms (medium)</i>	9.95
FISH TIKKA KARAHI	9.95

Traditional Curry Dishes

CHICKEN OR LAMB	5.95
CHICKEN OR LAMB TIKKA	6.95
PRAWN	7.95
KING PRAWN	9.95
VEGETABLE	5.50
DUCK	9.95

Korma Dishes

Very mild and thick sauce, cooked with cream and fresh herbs.

Malayan Dishes

Mild cooked with pineapple and cream.

Kashmiri Dishes

Mild, cooked with banana and cream.

Curry Dishes

Medium spiced with thick sauce.

Bhuna Dishes

Medium spiced, dry, cooked with fresh spices, onions and green peppers.

Rogon Josh Dishes

Medium spiced, dry base, garnished with onions, green peppers and tomatoes.

Dupiaza Dishes

Medium spiced, dry, cooked with green peppers, tomatoes and strong flavour of onions.

Saghwala Dishes

Medium spiced, dry cooked with garlic and fresh spinach.

Madras Dishes

Fairly hot, cooked in a rich sauce.

Ceylon Dishes

Fairly hot, cooked with coconut in a rich sauce.

Vindaloo Dishes

Very hot, strongly flavoured with spices, rich sauce with potatoes.

Pathia Dishes

Hot, sour and sweet with tomatoes, onions and fresh herbs.

Dhansak Dishes

Hot, sweet and sour with the addition of lentils.

Jalfrezi Dishes

Hot, cooked with green chillies and fresh herbs.

Vegetable Main & Side Dishes

	MAIN	SIDE
ALOO BHUNA (hot and spicy potatoes with chillies)	4.95	2.95
MUSHROOM BHUNA	4.95	2.95
SAGH PANEER MASSALA (spinach and Indian cheese)	4.95	2.95
PEPPER ALOO (hot)	4.95	2.95
PANEER MASSALA	4.95	2.95
NIRAMISH VEGETABLES (dry)	4.95	2.95
MIXED VEGETABLE CURRY	4.95	2.95
MUSHROOM BHAJI	4.95	2.95
MUSHROOM SAG	4.95	2.95
BINDI BHAJI (okra)	4.95	2.95
BRINJOL BHAJI (aubergines)	4.95	2.95
SAGH BHAJI (spinach with garlic)	4.95	2.95
CAULIFLOWER BHAJI	4.95	2.95
ALOO GOBI (cauliflower and potato)	4.95	2.95
BOMBAY ALOO (hot and spicy potato)	4.95	2.95
MADRAS DALL SAMBER (hot lentils)	4.95	2.95
SAGH ALOO (spinach and potato)	4.95	2.95
SAGH PANEER (spinach and cheese)	4.95	2.95
MOTOR PANEER (cheese and peas)	4.95	2.95
ALOO PANEER (potato & cheese)	4.95	2.95
KABOLI CHANNA (chick peas)	4.95	2.95
DALL TARKA (lentils with garlic)	4.95	2.95
GREEN PEPPER BHAJI	4.95	2.95
GREEN BEANS BHAJI	4.95	2.95

Roti (bread)

NAAN (Tandoori bread)	2.00
CHEESE NAAN	2.50
CHILLI NAAN	2.50
GARLIC NAAN	2.50
PESHWARI NAAN (sweet)	2.50
KEEMA NAAN (with minced lamb)	2.70
STUFFED NAAN (with vegetables)	2.50
BENGAL SPECIAL NAAN (with chicken and cheese)	3.25
ONION AND CORIANDER NAAN	2.50
PARATHA (fried bread)	2.50
STUFFED PARATHA (with vegetable)	3.00
TANDOORI ROTI	2.00
CHAPATI	1.30
PURI (puffed up bread)	1.30
KEEMA PARATHA	3.50

Sundries

PAPADOM (plain or spiced)	0.60
RAITHA (onion or cucumber)	1.50
CHIPS	1.80
CHICKEN TIKKA OR SHEEKH KEBAB ROLL	3.95
CHUTNEY, PICKLES, Mango Chutney, Lime, Chilli, Mixed Pickle	each 0.60

English Dishes

All served with chips, tomato, & peas

SIRLOIN STEAK	10.95
CHICKEN OMELETTE	7.95
MUSHROOM OMELETTE	5.95
CHICKEN & CHIPS	6.95
FRIED MUSHROOM	per portion 2.50

Rice Dishes

PLAIN RICE (Basmati)	2.00
PILAU RICE (Basmati flavoured)	2.30
PRAWN FRIED RICE	3.95
MUSHROOM PILAU	2.95
VEGETABLE PILAU	2.95
PEAS PILAU	2.95
GARLIC PILAU	2.95
KEEMA PILAU (minced lamb)	3.50
SPECIAL FRIED PILAU	2.95
SPICED LEMON PILAU	2.95
EGG RICE	2.95
ALOO RICE	2.95

Set Meals

For Two Persons 31.95

Starters	2 papadams, sheek kebab, chicken tikka
Main Course	Chicken tikka massala, lamb bhuna,
Side Dish	Mushroom bhaji, bombay aloo, special rice, Plain Rice & nan.

For Two Persons 24.95

Starters	2 Papadoms, vegetable samosa, onion bhajee
Main Course	Shabji bhuna, paneer tikka, aloo gobi, bindi bhaji, pilau rice, kulcha nan

For Four Persons 64.95

Starters	4 papadoms, onion bhaji, veg samosa
Main Course	Chicken tikka, chicken kebab, butter chicken, lamb rogan chef's special tandoori murghi, karahi prawn,
Side Dishes	Motor panir, sag aloo, chana massala, veg bhaji, 1 vegetable rice, 1 mushroom rice, 1 plain rice, stuffed nan, bengal special nan.

Thali Dishes

A Selection of dishes in small portions.

CHICKEN THALI

Chicken Tikka, Chicken Bhuna, Kaboli Chana, dry vegetables, rice & Chapati
£12.95

MEAT THALI

Lamb Bhuna, Lamb Tikka Massala, Sagh Aloo, Pilau Rice, Naan & Yoghurt
£12.95

BENGAL SPECIAL THALI

1 pc Tandoori King Prawn, Lamb Bhuna, Chicken Tikka Bhuna, Aloo Gobi, Pilau Rice, Nan
£13.95

Kurzi Lamb

24 hours notice required

Whole Leg of Lamb marinated in special herbs and spices for 24 hours. Includes starters and rice Meal for 4 people
£63.95

Kurzi Chicken

Whole Chicken marinated in special herbs and spices for 24 hours. Includes starters and rice Meal for 2 people
£32.95

The management reserves the right to refuse service. All prices include VAT. Prices may change without prior notice. All major credit cards accepted, Cheques are NOT accepted. Take away service available. Parties catered for.

All chicken are breast off the bone unless otherwise stated



Pearl of Bengal



Tandoori Restaurant

Fully Licensed & Air Conditioned

Take Away Menu

FREE HOME DELIVERY

Min order £15 within 4 mile radius

10% DISCOUNT

on collected orders over £15
Cannot be used in conjunction with any other offers

BANQUET NIGHTS

Every Tuesday, Wednesday & Thursday

TAKE AWAY

Choose any One: Papadom, Starter, Main Curry Dish, Side Dish, Rice or Nan

Only £13.95

Duck, Fish, King prawn £3.00 Extra

EAT IN

Choose any One: Papadom, Starter, Main Curry Dish, Side Dish, Rice or Nan & Coffee

Only £11.95

Duck, Fish, King prawn £3.00 Extra

SUNDAY SPECIAL

Every Sunday Evening

TAKE AWAY

Choose any One: Starter, Main Curry Dish, Side Dish, Rice or Nan

Only £12.95

Duck, Fish, King prawn £3.00 Extra

EAT IN

Choose any One: Starter, Main Curry Dish, Side Dish, Rice or Nan & Coffee

Only £10.95

Duck, Fish, King prawn £3.00 Extra

Open 7 days a week including bank holidays

Mon - Fri: 5.30pm - 11pm

Sat: 5.00pm - 11pm

Sun: 5.00pm - 10pm

2A Station Square, Flitwick, MK45 1DP

Tel: 01525 713713 or 713714

www.pearlofbengal.com